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*Click to view*

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### By the Numbers

<table>
<thead>
<tr>
<th>Metric</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Print Circulation</td>
<td>12,143</td>
</tr>
<tr>
<td>Average Monthly Visits*</td>
<td>45,790</td>
</tr>
<tr>
<td>Average Monthly Pageviews*</td>
<td>76,983</td>
</tr>
<tr>
<td>Opt-in Email Subscribers†</td>
<td>6,552</td>
</tr>
</tbody>
</table>

*Adobe Analytics, averages of December 2021-November 2022
†Amazon SES, averages of January-June 2022
American Congress of Rehabilitation Medicine (ACRM)

About ACRM
ACRM 6M™ MODEL BY THE NUMBERS

Membership
82,500+ from 65+ countries

Meetings
ACRM Annual Conference
3,300+ conference registrations
600+ research papers and posters
400+ hours of in-person/recorded CME/CEUs
300+ symposia
120+ exhibitors and sponsors
100+ instructional courses
40+ tracks on interdisciplinary rehabilitation content
20+ Special sessions
50+ ACRM community group & networking meetings
4 impactful plenary sessions

Marketing
- The greatest global marketing reach in PM&R—in print, in person and online—with more than one million contacts

Mission
130+ ACRM community groups, committees, and task forces

Management
6.6% management overhead; the lowest in the industry

Media
- The Archives is the 2nd largest advertiser in Kantar Report (2021)
- Archives of PM&R impact factor increases to: 4.06
- Total journal article downloads: 3,100,000+ per year
- ACRM has the largest open access journal program in the PM&R space
- Social media: 65,000+ followers across 100+ channels
- ACRM.org website visits: average 61,935 per month and growing fast

ACRM membership
ACRM is a global community of researchers, clinicians, caregivers and their patients, in the field of physical medicine and rehabilitation. ACRM is the only professional association representing all members of the interdisciplinary rehabilitation team, including:
- Rehabilitation researchers
- Physicians
- Neurologists
- Physiatrists
- Psychologists/neuropsychologists
- Rehabilitation nurses
- Occupational therapists
- Physical therapists
- Speech-language pathologists
- Audiology professionals
- Therapeutic recreation specialists

*2018 President’s Address at the 95th ACRM Annual Meeting, Oct 2018
ACRM launched a new, state-of-the-art membership system, allowing for significantly improved global access, record-keeping, and customization. As a result, membership grew from just over 10,000 to more than 82,500+ members as of October 2021 which includes the new eMember and trial member categories so that everyone can have access.

ACRM members participate in a number of our community networking groups that support the ACRM mission and provide a unique community where members gain leadership opportunities, career development support, and the chance to network and collaborate with peers all around the world. A complete list of our groups is here.

ACRM also has the Institutional Support Program (ISP) with top rated rehabilitation hospitals, institutions and companies engaging at every level of ACRM.

ACRM Meetings
Every fall, ACRM hosts the largest hybrid (in-person, virtual + online) conference and tradeshow in the world for interdisciplinary rehabilitation research with
3,300+ conference registrations
600+ research papers and posters,
300+ symposia, four amazing plenary sessions, special sessions,
50+ ACRM Community Group meetings
120+ exhibitors and sponsors
400+ hours of in-person/recorded CME/CEUs

In 2022, the ACRM Annual Conference will be hybrid (in-person, virtual and online) and will offer rehabilitation researchers, providers, administrators, students, and patients the opportunity to learn about cutting-edge research and its translation into clinical practice in 23+ research areas, across an industry milestone of 35+ tracks, including the core areas of brain injury, spinal cord injury, stroke, neurodegenerative diseases, cancer, chronic pain, limb loss and others.

ACRM also hosts a spring meeting each year that offers fantastic networking and educational content with CME/CEUs and meeting space for the ACRM Community Groups and Task Forces working on collaborative projects. This is where the greatest of the great come to gather and develop the next generation of research. It is, undoubtedly, the best meeting to gain one-to-one airtime with the global leaders in PM&R.

ACRM Marketing
ACRM has The Greatest Global Marketing Reach in PM&R — In Print, In Person and Online. The ACRM 365 sales team will help you reach your most-likely sales prospects and achieve your business goals. ACRM reaches a global community representing the WHOLE interdisciplinary rehabilitation team including buyers, decision-makers, key influencers and end users.

Please go to ACRM.org/Sales to get started. We will create a customized solution to meet your goals, from exhibiting to online advertising, to customized eblasts, sponsored webinars and more — any time of the year.

ACRM Mission
ACRM is a 100-year-old non-profit association with the mission of IMPROVING THE LIVES of those with disabling conditions through interdisciplinary rehabilitation research in the disciplines of brain injury, spinal cord injury, stroke, neurodegenerative diseases, cancer, chronic pain, limb loss, and others.
ACRM curates, translates, and disseminates world-class rehabilitation research in person (at the ACRM annual conference), in print (through its monthly journal, the Archives of Physical Medicine and Rehabilitation as well as its Gold Open Access journal the Archives of Rehabilitation Research and Clinical Translation) and ONLINE (at ACRM.org, ARCHIVES-pmr.org and ACRM.org/OpenArchives).

ACRM provides a forum for critical interdisciplinary exchange promoting quality rehabilitation research and its translation into clinical practice. ACRM is also an important advocate for adequate public funding of rehabilitation research and patient access to evidence-based treatment across the continuum of care. ACRM is an inclusive organization that embraces diverse opinions and thoughts in order to get the science into practice faster.

ACRM Journals

Archives of Physical Medicine and Rehabilitation (the Archives)
The Archives of Physical Medicine and Rehabilitation is the most highly recognized and decorated journal in its category. The Archives publishes original, peer-reviewed research and clinical reports on important trends and developments in physical medicine and rehabilitation and related fields. This international journal brings researchers and clinicians authoritative information on the therapeutic utilization of physical, behavioral and pharmaceutical agents in providing comprehensive care for individuals with chronic illness and disabilities.

Archives of Rehabilitation Research and Clinical Translation (ARRCT)
ARRCT is the Gold Open Access journal from ACRM serving the entire rehabilitation research community. It is the most highly regarded open access journal in its category and publishes original, peer-reviewed research and systematic and other reviews covering important trends and developments in rehabilitation with the goal of advancing the health of persons with chronic diseases and disability. Its goal is to expedite the transfer of quality rehabilitation research to all members of our field by making ALL published works free of cost to anyone in the world. In this way, lesser developed communities, anywhere in the world, have equal and unfeathered access, hence bringing healing to the least advantaged.
The highest ranked general medical journal in the field of physical medicine and rehabilitation by Google Scholar Metrics*

Editorial Direction

*Google Scholar Metircs http://bit.ly/sQ1mX2n
†Journal Citation Reports (Clarivate Analytics) 2021

Archives of Physical Medicine and Rehabilitation (Archives) brings its readers authoritative information on the therapeutic utilization of physical and pharmaceutical agents in providing comprehensive care for persons with disabilities and chronic illnesses. Archives is the most influential journal on rehabilitation in the world—its papers have been cited more than any other rehabilitation journal.

Established 1920
Issuance 12 times per year
Circulation 12,143
Impact Factor† 4.06
5-yr Impact Factor† 4.336
CiteScore† 6.0
Website www.archives-pmr.org

Impact Factor†

Archives of Physical Medicine and Rehabilitation 4.06
PM&R 2.218
American Journal of Physical Medicine and Rehabilitation 3.412
Physical Medicine and Rehabilitation Clinics of North America 2.391

Editors-in-Chief
Leighton Chan, MD, MPH, FACRM
Allen W. Heinemann, PhD, ABPP, FACRM

Societies & Affiliations
ACRM | American Congress of Rehabilitation Medicine
## Print Distribution

### Circulation*
Archives circulation now includes reach to all office-based and hospital-based AMA Board Certified PM&R physicians

<table>
<thead>
<tr>
<th>Publication</th>
<th>Circulation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Archives of Physical Medicine and Rehabilitation</td>
<td>12,507</td>
</tr>
<tr>
<td>PM&amp;R</td>
<td>8,999</td>
</tr>
<tr>
<td>Pain Medicine News</td>
<td>4,209</td>
</tr>
<tr>
<td>The American Journal of Physical Medicine and Rehabilitation</td>
<td>2,577</td>
</tr>
</tbody>
</table>

### Pass-Along**
Pass-along readership mean is .6 readers/copies

<table>
<thead>
<tr>
<th>Circulation</th>
<th>Pass-Along</th>
</tr>
</thead>
<tbody>
<tr>
<td>12,507</td>
<td>7,504</td>
</tr>
</tbody>
</table>

12,507 (circulation) + 7,504 (pass-along) = **20,011**

Total potential reach

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*Elsevier Published Statements October 2022
PM&R 2022 Media Kit
Pain Medicine News 2022 Media Kit
AJPM&R 2022 Media Kit
**Readex Research, Readership Study, November 2021
Readership Frequency, All Readership Levels Combined
How frequently do you read each of these physical medicine and rehabilitation journals?

- Archives of Physical Medicine & Rehabilitation: 88%
- PM&R: 83%
- American Journal of Physical Medicine & Rehabilitation: 74%
- Annals of Physical and Rehabilitation Medicine: 50%
- Journal of Rehabilitation Medicine: 49%
- Journal of Orthopaedic & Sports Physical Therapy: 39%
- Neurorehabilitation and Neural Repair: 34%

Reader Value
What is your level of agreement with each of the following statements about Archives of Physical Medicine & Rehabilitation?

- Publishes articles written by respected authorities: 95%
- Keeps me abreast of the latest information: 90%
- Publishes articles important to understanding PM&R: 86%
- Is relevant to patient care: 76%

*Readex Research, Readership Study, November 2021
READERSHIP

Demographics

**Degree(s)**
- MD 76%
- DO 12%
- PT, etc 9%
- PhD 4%
- MS 3%
- Other 6%
- Answered Multiple 2%

**Practice Location**
- Private Practice 32%
- Hospital/Rehab. Unit 23%
- Rehabilitation Center (outpatient only) 1%
- Academic Institution 30%
- Other 12%
- Answered Multiple 2%

**Organization Membership**
Which of the following organizations are you a member of?
- American Academy of Physical Medicine and Rehabilitation 76%
- American Congress of Rehabilitation Medicine (ACRM) 19%
- Association of Academic Physiatrists 17%
- American Academy of Neurology 13%
- Brain Injury Association of America 10%
- American Occupational Therapy Association 7%
- American Physical Therapy Association 6%
- American Speech-Language-Hearing Association 6%
- American Spinal Injury Association 5%
- American Orthotic & Prosthetic Association 4%
- American Society of Neurorehabilitation 0%
- Other 24%

*Readex Research, Readership Study, November 2021*
71% of Archives physician readers are involved in advising, recommending, specifying, or approving purchases

Top Products include:

- Pain management 51%
- Orthotic & prosthetic devices 45%
- Electrodiagnostic equipment 43%
- Diagnostic ultrasound 43%
- Physical & occupational therapy modalities 43%
- Ambulatory devices 41%
- Balance and gait assessment 36%
- TENS 32%
- Exercise equipment 31%
- Computer equipment and software 29%
- Billing services 28%
- Functional electrical stimulation 26%
- Prescription monitoring 26%
- Neurorehabilitation centers 26%
- Speech therapy products 26%
- Beds 25%
- Musculoskeletal performance evaluation 25%
- EHR/EMR 25%

Readers treat the following conditions and procedures (Listed from most to least frequently managed or conducted as a regular part of practice):

- General PM&R
- Pain management
- Orthopedics
- Stroke rehabilitation
- Physical therapy
- Electrodiagnosis
- Neurologic disorders
- Rheumatologic conditions (arthritis, connective tissue)
- Spinal cord injury
- Spasticity management
- Amputee rehabilitation
- Brain injury
- Geriatrics
- Anxiety
- Multiple sclerosis
- Speech-language and swallowing
- Parkinson's disease
- Cancer
- neurodegenerative diseases
- Aphasia
- peripheral vascular disease and diabetes
- Alzheimer's disease
- ADHD
- wound care
- neurostimulation
- pediatrics
- drug and alcohol addiction
- vertebroplasty/kyphoplasty
- bi-polar disorders
- borderline personality disorders
- other
- schizophrenia
**Top Categories include:**

- NSAIDS: 74%
- Arthritis: 73%
- Analgesics: non-opioid: 70%
- Muscle relaxants: 69%
- Muscle spasm: 69%
- Analgesics: opioid: 63%
- Antiepileptic agents: 57%
- Osteoarthritis injections: 56%
- Antidepressants: 54%
- DVT agents: 35%

**Other Categories include:**

- Spinal injections
- Chronic migraine
- Opioid induced constipation
- Infectious disease
- Cardiovascular
- Dermatological
- Alzheimer’s
- Osteoporosis injections
- Gastrointestinal
- Diabetes
- Urological
- Cancer treatment
- Multiple sclerosis
- NET: ANALGESICS

---

*Readex Research, Readership Study, November 2021*
PRINT ADVERTISING OPPORTUNITIES

Display Advertising

Run-of-Book Advertising
- Premium positions
- Pre-printed inserts
- Business reply card (material is mailed with the Journal)

Rate
See page 11 for print rates

Cover Tip Programs
An eye-catching and cost-effective way to get your message in front of an engaged audience of 4,000 physicians.

Rate
Cover Tips: $8,900

Outserts
Effectively distribute your promotional materials with our highly respected, specialty-leading journals. Capture a reader’s attention before they even open the journal with promotional brochures, conference collateral, CDs/ DVDs, and more.

Rate
$9,460 + printing costs  (Applicable taxes may apply)

List Matching
Contact your Sales Representative.

*All ads must go through an approval process.
## Print Rates & Closing Dates

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### Black & White Rates

<table>
<thead>
<tr>
<th>Frequency</th>
<th>Full Page</th>
<th>1/2 Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>1x</td>
<td>$2,365</td>
<td>$1,680</td>
</tr>
<tr>
<td>6x</td>
<td>$2,245</td>
<td>$1,545</td>
</tr>
<tr>
<td>12x</td>
<td>$2,180</td>
<td>$1,455</td>
</tr>
<tr>
<td>24x</td>
<td>$2,040</td>
<td>$1,355</td>
</tr>
</tbody>
</table>

### Color Rates

- **Standard Color**: $685
- **Matched Color**: $765
- **4 Color**: $1,720

### Premium Positions

- **Cover 4**: 50% B/W page rate
- **Cover 2**: 35% B/W page rate
- **Cover 3**: 25% B/W page rate
- **Opposite TOC**: 25% B/W page rate
- **First right hand page**: 25% B/W page rate
- **Other preferred positions**: 10% B/W page rate

### Cover Tips

- **$8,900**

**Client Provided (standard size, 2-sided)**

### Outserts

- **$9,460**

**Client Provided (Up to 4 pages)**

---

### Closing Dates

<table>
<thead>
<tr>
<th>Issue</th>
<th>Space Closing</th>
<th>Print Materials Due</th>
<th>Inserts Due</th>
</tr>
</thead>
<tbody>
<tr>
<td>104/1</td>
<td>12/1/22</td>
<td>12/6/22</td>
<td>12/13/22</td>
</tr>
<tr>
<td>104/2</td>
<td>1/3/23</td>
<td>1/6/23</td>
<td>1/13/23</td>
</tr>
<tr>
<td>104/3</td>
<td>2/1/23</td>
<td>2/6/23</td>
<td>2/13/23</td>
</tr>
<tr>
<td>104/4</td>
<td>3/6/23</td>
<td>3/9/23</td>
<td>3/16/23</td>
</tr>
<tr>
<td>104/5</td>
<td>4/5/23</td>
<td>4/10/23</td>
<td>4/17/23</td>
</tr>
<tr>
<td>104/6</td>
<td>5/4/23</td>
<td>5/9/23</td>
<td>5/16/23</td>
</tr>
<tr>
<td>104/7</td>
<td>6/2/23</td>
<td>6/7/23</td>
<td>6/14/23</td>
</tr>
<tr>
<td>104/8</td>
<td>7/6/23</td>
<td>7/11/23</td>
<td>7/18/23</td>
</tr>
<tr>
<td>104/9</td>
<td>8/3/23</td>
<td>8/8/23</td>
<td>8/15/23</td>
</tr>
<tr>
<td>104/10</td>
<td>9/1/23</td>
<td>9/7/23</td>
<td>9/14/23</td>
</tr>
<tr>
<td>104/11</td>
<td>10/4/23</td>
<td>10/9/23</td>
<td>10/16/23</td>
</tr>
<tr>
<td>104/12</td>
<td>10/31/23</td>
<td>11/3/23</td>
<td>11/10/23</td>
</tr>
</tbody>
</table>

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*All ads must go through an approval process.*
Maximize your reach by adding a digital advertising campaign to your print schedule.

The Elsevier online journal platform offers a variety of advertising banner options and customizable solutions, enabling advertisers to target specific healthcare professionals with a single campaign. Digital advertising delivers your message and drives traffic to your website while users are actively seeking and viewing specialty content. Metrics are sent on a monthly basis.

**Banner Positions**

<table>
<thead>
<tr>
<th>Banner Position</th>
<th>Dimensions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Top Leaderboard (desktop/tablet)</td>
<td>728 x 90</td>
</tr>
<tr>
<td>Top Leaderboard (mobile)</td>
<td>320 x 50</td>
</tr>
<tr>
<td>Right Skyscraper</td>
<td>160 x 600</td>
</tr>
<tr>
<td>Right Rectangle</td>
<td>300 x 250</td>
</tr>
</tbody>
</table>

**Sticky Banners**

Leaderboard remains in place during scroll for 8 seconds, and Skyscraper on ROS pages remains in place on right side throughout scroll.

**Monthly Metrics**

*Adobe Analytics, averages of December 2021–November 2022
†Based on responsive design

<table>
<thead>
<tr>
<th>Metric</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pageviews</td>
<td>76,983</td>
</tr>
<tr>
<td>Unique Visitors</td>
<td>36,185</td>
</tr>
<tr>
<td>Average Monthly Visits</td>
<td>45,790</td>
</tr>
<tr>
<td>Rate</td>
<td>$105 CPM</td>
</tr>
</tbody>
</table>

www.archives-pmr.org
DIGITAL ADVERTISING OPPORTUNITIES

Journal Website Banner Advertising (Prestitial)

- Ad displays at page load
- Auto Closes after 7 seconds
- Can be click off anytime
- Frequency of Ad: 1 view per user in a 6 Hour time period, for each campaign
- Only available on Desktop, Mobile not supported

**Banner Positions**

<table>
<thead>
<tr>
<th>Banner Position</th>
<th>Dimensions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Medium Rectangle</td>
<td>300 x 250</td>
</tr>
<tr>
<td>Large Rectangle</td>
<td>480 x 640</td>
</tr>
</tbody>
</table>

**Monthly Metrics***

<table>
<thead>
<tr>
<th>Metric</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>US Banner Impressions</td>
<td>3,482/month</td>
</tr>
</tbody>
</table>

**Rate**

$1,100/month 100% SOV
2-month minimum

---

*Adobe Analytics, averages of January-June 2022
†Based on responsive design
Table of Contents Email (eTOC) Advertising

Monthly eTOCs

Each month, registered subscribers receive the Table of Contents email (eTOC) for Archives of Physical Medicine and Rehabilitation providing a preview of what’s coming in their next issue. Metrics are sent on a monthly basis.

eTOCs deliver increased reach and visibility for your brand, providing a strong and tactical component to your overall marketing strategy.

Archives of Physical Medicine and Rehabilitation site eTOC email

<table>
<thead>
<tr>
<th>Position</th>
<th>Ad</th>
<th>Size (pixels)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Top</td>
<td>Leaderboard</td>
<td>728 x 90</td>
</tr>
<tr>
<td>Middle</td>
<td>MPU</td>
<td>300 x 250</td>
</tr>
</tbody>
</table>

MPU banners, positions 2, 3, are stacked vertically

Formats

- jpeg, png, gif, (static image only)
- Tracking pixels: No
- Max file size: 200 KB
- Animation and expandable banners unavailable

Metrics*

- Opt-in Distribution: 6,600
- Average Open Rate: 12%

Rate

- Leaderboard: $1,500
- Rectangles: $1,250

*Amazon SES, averages of January-June 2022
ARTICLE-IN-PRESS EMAIL ALERTS

Each month, The Archives sends out an average of 12 article-in-press alerts to a separate list of opt-in subscribers.

### Banner Positions (2 available)
- **Leaderboard**: 728 x 90
- **Skyscraper (right side)**: 160 x 600
- **Medium Rectangle (bottom)**: 300 x 250

**Metrics**
- **Opt-in Distribution**: 1,448
- **Average Sends/Month**: 13
- **Average Open Rate**: 34%

**Rate**
- $2,200/month for 100% SOV
- 3-month minimum

*Amazon SES, averages of January-June 2022*
Editorial Supplements

Strategically position your brand alongside trusted, relevant content

**Editorial Supplements**

A supplemental publication containing a group of papers on a specific topic, which is then mailed with the publication and also available online.

**Rate**

Please contact your Sales Representative.

*All targeted solutions are subject to society and Editor approval.*
Reprint Capabilities

The Power of Credibility

Reach targeted HCPs with original, authoritative content

Whether you are launching a new product, trying to increase sales of existing products or repositioning established ones, Elsevier article reprints provide an exclusive and distinctive way to promote your brand using the strengths of our multimedia programs and your published work.

Hard Copy Reprints

Customizable Options

Printing
- Article translation
- Inclusion of: company/brand logo, prescribing information & ISI and inventory number

Packaging
- Resizing: Pocket/Digest
- Article Collections/Supplements
- Shrink-wrapping
- Polybagging—Outserts provided to targeted HCPs
Reprint Capabilities (continued)

ePrints
Educate HCPs on the latest treatment options, or help to drive a change in existing prescribing habits by using ePrints - encrypted, electronic copies of PDF articles that you can distribute by email, post on a website or use in Rep e-detailing.

Multicopy Prints
Elsevier ePrints are created with official journal covers. Any article available in Elsevier’s digital archive can be made into an ePrints PDF valid for 12 months.

Mobile ePrints
Downloadable ePrints designed for use on mobile and tablet devices. Can be used for email blasts and on-the-go consumption - perfect for Rep e-detailing.

QR Codes
Integrate QR codes into your advertising to allow quick mobile access to your reprint.

Order Reprints Online
Visit us at medreprints.com where selecting and ordering your reprints is simple:
- Search for articles by journal, specialty, keyword, and more
- Receive your quote online in 24 hours or less
- Place your order online, and track the production process
Mechanical Specifications

<table>
<thead>
<tr>
<th>Ad Size</th>
<th>Non Bleed</th>
<th>Bleed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Trim</td>
<td>8-1/4&quot; x 11&quot;</td>
<td>—</td>
</tr>
<tr>
<td>Full Page</td>
<td>7-3/4&quot; x 10-1/2&quot;</td>
<td>8-1/2&quot; x 11-1/4&quot;</td>
</tr>
<tr>
<td>Spread</td>
<td>15&quot; x 10&quot;</td>
<td>16-3/4&quot; x 11-1/4&quot;</td>
</tr>
<tr>
<td>1/2 Horizontal</td>
<td>7&quot; x 5&quot;</td>
<td>8-1/2&quot; x 5-3/4&quot;</td>
</tr>
<tr>
<td>1/2 Vertical</td>
<td>3-1/2&quot; x 10&quot;</td>
<td>4-3/8&quot; x 11-1/4&quot;</td>
</tr>
<tr>
<td>1/4 Page</td>
<td>3-1/2&quot; x 5&quot;</td>
<td>—</td>
</tr>
</tbody>
</table>

Keep live matter 1/4” from all trim edges.

Binding         | Perfect; jogs to head
Printing process| Web
Halftone screen | Cover, 150 line screen
                  | Text, 150 line screen

Print Ad Specifications

File Format
PDF or PDF/X-1a compliant files, saved as PDF version 1.3. Transparencies within the supplied PDF(s) will be warned. The transparent elements contained in your file(s) must be converted within the native layout application or flattened in Acrobat using the High Resolution Flattener Presets to avoid overprint issues. Saving your PDF to Acrobat 4 (PDF 1.3) compatibility will ensure transparent elements are flattened. *If the ad contains spot colors that are not converted to process colors (CMYK) before flattening, overprint and/or trap issues may occur.*

The following layout applications yield the optimum results for creating a print-compliant PDF and are expected to follow all requirements listed in this document.

- Adobe Indesign CS6 or higher
- Adobe Illustrator* CS6 or higher

Additional costs may apply if problems are encountered.

*When using Adobe Illustrator it is preferred to have all fonts converted to outline/paths, and files submitted as EPS files.

Images
All high-resolution images and fonts must be included. TIFF & EPS files must conform to the following minimum resolution specifications:

- Grayscale and Color images: 300 dpi
- Combination Grayscale and Color images: 500-900 dpi
- Line art (Bitmap) images: 900-1200 dpi

Higher image resolutions are acceptable as they exceed the minimum requirements, but in some cases unnecessary resolution will be discarded to achieve smaller file sizes.

Fonts
Use of PostScript Type 1 fonts is encouraged. Include fonts for any embedded graphics. DO NOT use Type 3 or Multiple Master fonts. Avoid using menu-stylized fonts, Macintosh “city” fonts (Chicago, Geneva, etc.) and Microsoft Outlook fonts (Tahoma, Impact, etc.).

Page Layout
Regardless of the file format supplied, all ads must conform to the following specifications:

- Final size must meet journal trim size and include 1/8” bleed image on all four sides.
- Files will include trim marks with a minimum 3/16” offset
- Supply as single page files only
- Right Reading, Portrait Mode, 100% size, No rotation.
- No content is to be within 1/4” of all trim edges.

Note: Failure to meet insert specifications & packaging guidelines may result in additional charges and/or delays with insertion.
SPECIFICATIONS

Print Media (continued)

• All fonts and graphics must be either embedded or included with the files and conform to the format type listed above. Images must also conform to the specifications above for minimum image resolution.
• All color ads should be supplied as composite files.
• Reverse type should be no less than 6pt. Fine lettering (thin lines, serifs) should be restricted to one color.
• Embedded images should not be scaled, cropped/masked or rotated within the page layout application but instead should be manipulated in a proper image editing program (ex. Photoshop) and then imported into the page layout program at proper size and position.
• DO NOT nest EPS files within EPS files.
• All lines and line art images should be of a minimum 1/3 pt thickness (1/2 pt for reverses) at final size to reproduce effectively on press.
• Crop marks and SWOP color bars must be included and positioned 1/2” outside trim.

Color Space
All color images and files are to be supplied as CMYK with a Total Area Coverage (TAC) not to exceed 300% for the darkest area of an image. Files supplied as RGB will be automatically converted to CMYK.

Spot Colors
Spot colors are to be identified using the standard Pantone naming convention and not a custom color such as “Dark Blue.” PMS colors will be converted to process unless otherwise specified. When using both art and layout programs be sure spot color naming is consistent in all applications (ex. Do not define both PMS 201CV and PMS 201CVC).

NOTE: Any non-intended spot colors will be converted to CMYK.

Trapping and Screening
Overprints and knockouts should be defined. Files are NOT to be trapped or prescreened. Our Prepress service provider will use industry recognized trapping software to auto-trap your files for optimum performance and reproduction on press and will apply the appropriate screening. Note that these trap settings may force small text and fine graphics to overprint to hold registration on press.

Proofs
All color ads require a SWOP-certified contract color proof, which includes a SWOP proofing bar or a GATF proof comparator. All proofs must be produced from the final file submitted. Proofs must be imaged at 100% scale and in accordance with SWOP specifications. For a list of current SWOP-approved proofs visit www.swop.org/certification/systemlist.asp. Proofs generated from any of the approved devices are acceptable. Desktop inkjet printer proofs do not meet SWOP specifications. Elsevier cannot guarantee color match unless acceptable proof is provided. If a contract color proof is not supplied Elsevier will run to standard ink densities and dot gains. Revised proofs must be supplied whenever a text or design change is made. Any alteration to a file will require output of a new proof at cost to the customer. All black & white or grayscale ads supplied require 100% size lasers for confirmation of ad content.

Delivery
Submit PDF ad files to Elsevier ad portal at www.ads4els.com

Conformance to Specs
Variances from the above specifications may not yield results that conform to Elsevier quality control standards.

Note: Failure to meet insert specifications & packaging guidelines may result in additional charges and/or delays with insertion.
Insert Requirements:

2-page insert  8 1/2” x 11 1/4”

4-page insert  17” x 11 1/4”, furnish folded to 8 1/2” x 11 1/4”

Trimming  1/8” trimmed off top, bottom, gutter and face. Keep all live matter 1/4” from all trim edges. Note that a 1/2” safety must also be applied to both sides of the gutter/spine.

Insert Stock Weight  For 2 page 80# text preferred; 4 to 8 pages – 60# text minimum; 80# text maximum. Inserts that do not meet these minimum/maximum weights must be sent to the publisher two weeks prior to advertising close date for evaluation and print compatibility.

Closing Date for Booking Inserts  Same as ad space closing

Insert Delivery Date  See Insert due dates. All inserts must be submitted to Publisher for approval of stock, design and other mechanical specifications. Copy of insert must accompany insertion order.

Insert Quality  Contact Ad Sales Services. For conference copy distribution, contact Ad Sales Services.

Insert Packing & Shipping Instructions  Inserts packed one up, folded if four pages, flat if two pages. All inserts must be delivered to the printer in cartons, with journal title, quantity, product & issue date (month/year) clearly marked. If shipping inserts for more than one issue date, inserts must be packed separately and clearly marked indicating journal title, issue date (month/year) and quantity.

Insert Shipments Address

Archives of Physical Medicine and Rehabilitation
Sheridan NH
69 Lyme Road
Hanover, NH 03755
Attn: Elsevier Team

Disposition of Reproduction Material

All digital ad files will be held for twelve months only unless otherwise notified. Left over inserts will be held until the issue mails. After issue mailing is completed any unused inserts for that issue will be destroyed unless otherwise indicated on the insertion order. Excess inserts held in storage beyond completion of insertion date will be subject to storage charges.

Note: Failure to meet insert specifications & packaging guidelines may result in additional charges and/or delays with insertion.
**Digital Media**

### Journal Website Banner Ads

**Creative Sizes**

<table>
<thead>
<tr>
<th>Creative Size</th>
<th>Specification</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Leaderboard</strong></td>
<td>728 x 90</td>
</tr>
</tbody>
</table>

- Placement: Journal pages. Right hand column of journal page, displays on all content pages (content pages = abstract and full text articles*).

<table>
<thead>
<tr>
<th>Creative Size</th>
<th>Specification</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Monster (MOU)</strong></td>
<td>300 x 600</td>
</tr>
</tbody>
</table>

- Placement: Journal pages. Right hand column of journal page, displays on all content pages (content pages = abstract and full text articles*).

<table>
<thead>
<tr>
<th>Creative Size</th>
<th>Specification</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Skyscraper</strong></td>
<td>160 x 600</td>
</tr>
</tbody>
</table>

- Placement: Journal pages. Right hand column of journal page, displays on all content pages (content pages = abstract and full text articles*).

<table>
<thead>
<tr>
<th>Creative Size</th>
<th>Specification</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Large Rectangle</strong></td>
<td>300 x 250</td>
</tr>
</tbody>
</table>

- Placement: Journal pages. Right hand column of journal page, displays on all content pages (content pages = abstract and full text articles*).

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*Generic list of non-content pages available upon request though will vary by journal*
Rich Media Expanding & HTML In-Page Ads†

### Creative Sizes

<table>
<thead>
<tr>
<th>Ad Type</th>
<th>Size</th>
</tr>
</thead>
<tbody>
<tr>
<td>Leaderboard</td>
<td>728 x 90</td>
</tr>
<tr>
<td>Expands ▼ down (max)</td>
<td>728 x 315</td>
</tr>
<tr>
<td>Skyscraper</td>
<td>160 x 600</td>
</tr>
<tr>
<td>Expands ◀ left (max)</td>
<td>300 x 600</td>
</tr>
<tr>
<td>Large Rectangle</td>
<td>300 x 250</td>
</tr>
<tr>
<td>Expands ▶ right (max)</td>
<td>600 x 250</td>
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</table>

### Rich Media Specifications

<table>
<thead>
<tr>
<th></th>
<th>Desktop/ Tablet</th>
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</thead>
<tbody>
<tr>
<td>HTML5, 150KB</td>
<td></td>
</tr>
<tr>
<td>Initial Size</td>
<td>150KB</td>
</tr>
<tr>
<td>Subsequent Size</td>
<td>2.2 MB</td>
</tr>
<tr>
<td>Back-up .gif</td>
<td>200KB</td>
</tr>
<tr>
<td>Animation</td>
<td>15 seconds or 3 loops of 5 seconds</td>
</tr>
<tr>
<td>Video</td>
<td>No</td>
</tr>
<tr>
<td>Max Video File Size</td>
<td>N/A</td>
</tr>
<tr>
<td>Expansion Method</td>
<td>On click</td>
</tr>
<tr>
<td>Hotspot requirements</td>
<td>Not to exceed 1/4 size of original ad</td>
</tr>
<tr>
<td>Close Button Requirements</td>
<td>8pt - 16 pt (11px - 21px)</td>
</tr>
</tbody>
</table>

### Additional Notes:
- Third party tags accepted
- Ads served via DFP by Google

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†Rich media expanding and HTML in-page ads are subject to approval and testing. Creative must be received 5 business days before launch.
## Digital Media (continued)

**Table of Contents (TOC) and Article in Press Alerts (AIP) Email Banner Ads**

<table>
<thead>
<tr>
<th>Creative Sizes</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Leaderboard</td>
<td>728 x 90</td>
</tr>
<tr>
<td>Large Rectangle</td>
<td>300 x 250</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Email Specifications</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Size</td>
<td>40KB (200KB max)</td>
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<tr>
<td>Rotation</td>
<td>No</td>
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<tr>
<td>Required Resolution</td>
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<tr>
<td>Acceptable File Format</td>
<td>.gif or .jpg</td>
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<tr>
<td>Rich Media</td>
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<tr>
<td>Animation</td>
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<tr>
<td>Target URL</td>
<td>Required</td>
</tr>
<tr>
<td>3rd Party Tags</td>
<td>No</td>
</tr>
</tbody>
</table>
Contacts

Display Advertising

Lauren Morgan
American Medical Communications
630 Madison Ave.
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Tel: 267-980-6087
Email: lmorgan@amcmediagroup.com

Visit www.elsmediakits.com to view other media kits and rate cards.

Recruitment & Classified Advertising

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Recruitment & Classified Production

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Fax: 212-633-3846
Email: j.ramsaroop@elsevier.com

Contracts, Insertion Orders & Production Materials

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Fax: 212-633-3846
Email: d.wong@elsevier.com

Send new print ad files and submit pickup ads to www.ads4els.com