



# The Journal of Aging Research & Lifestyle

## LIGNE ÉDITORIALE Overview

*The Journal of Aging Research & Lifestyle (JARLife)* is a e-only gold open access peer-reviewed journal committed in publishing high-quality research on all areas related to lifestyle and aging.

The Journal has five initial sections that aims to cover the broad spectrum of lifestyle research during aging:

- Physical activity, exercise and aging
- Nutrition and aging
- Cognitive stimulation and aging
- Geroscience and lifestyle
- Digital aspects, lifestyle and aging

Research on other lifestyle topics not covered into the above mentioned sections are also welcome.

Although JARLife's main focus regards research in humans, cutting-edge animal studies may be considered.

JARLife is available on ScienceDirect.

## RÉDACTION Editorial board

- Rédacteur en chef/Editor-in-Chief: Ara S. Khachaturian, MD  
The Campaign to Prevent Alzheimer's Disease, Rockville, Maryland, USA

<https://www.sciencedirect.com/journal/the-journal-of-aging-research-and-lifestyle>

## DIFFUSION Circulation

Cible : Physicians, researchers and other stakeholders working in Aging & Gerosciences, Neuropsychology & Physiological Psychology, Nutrition, Physical & Sport Medicine, Public Health & Health Policy, Psychiatry & Mental Health, Internal Medicine.

Téléchargements ScienceDirect / an 40 140

## PÉRIODICITÉ Periodicity

1 numéro / 1 volume on-line/an

## Contact PUBLICITÉ

[journalmedia@elsevier.com](mailto:journalmedia@elsevier.com)

## INDEXATIONS Indexing

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